

DYNAMIC CUSTOMIZATION®

***Release Type, Axis Stability,
and Optimum Pin Carry***



ROBERT STRICKLAND
PERCEPTIVE BOWLING SERIES

Dynamic Customization Release Type Axis Stability And Optimum Pin Carry

J Ma



Dynamic Customization Release Type Axis Stability And Optimum Pin Carry:

Dynamic Customization: Release Type, Axis Stability, and Optimum Pin Carry Robert Strickland, 2011-07-01 When the two piece bowling balls came on the market shop professionals placed their internal imbalances in a myriad of positions relative to the grip causing erratic pocket pin carry and or causing the ball tracks to run over the grip holes Believing that the goal of serious bowlers should be consistency of roll and optimal deflection leading to enhanced pocket pin carry Bob Strickland refined a layout system that benefits bowlers using various types of release He calls his system Dynamic Customization because rather than fitting internal imbalances to particular lane dressing patterns it fits internal imbalances to release type dynamics are customized to the way the bowler delivers the ball The method of achieving axis stability and optimal pin carry is different from most of the drilling instructions included with new bowling balls Its purpose is to maximize pin carry on solid pocket hits for an individual s release type without regard to making the ball s visible reaction take on any particular shape The procedures described in Dynamic Customization are easy to master and minimize confusion allowing bowlers to turn their attention to refining their forms sharpening their ability to hit targets and building confidence

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Decoding **Dynamic Customization Release Type Axis Stability And Optimum Pin Carry**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Dynamic Customization Release Type Axis Stability And Optimum Pin Carry**," a mesmerizing literary creation penned by a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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web this workout is designed to increase your muscle mass as much as possible in 10 weeks main goal build muscle time per workout 50 mins works each muscle group hard once per week training level advanced equipment using mostly heavy compound exercises barbell bodyweight program duration

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web jul 8 2021 this usually takes 90 120 seconds though larger body parts like legs and back may take longer and smaller muscle groups like arms and calves may take less a good measure when you catch your breath and feel ready to go start a new set 8 get at least 48 hours rest between workouts

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